

Banana and Chocolate Chip Muffins



Ingredients

½ cup softened butter

¼ cup sugar

1 egg

1 ½ cups of mashed banana (approx. 3 medium bananas)

1 ¾ cups self-raising flour

½ teaspoon nutmeg

¼ teaspoon baking soda

½ cup chocolate drops

Method

Preheat oven to 180 degrees Celsius.

Place all ingredients into a mixing bowl and mix on medium speed. Mix until mixture becomes a creamy yellow colour.

Divide evening into muffin trays.

Bake in the oven for approximately 10 – 15 minutes or until golden brown.

Yummy Tip: Heat muffin in the microwave for 10 seconds to warm and slightly melt the chocolate for a nice treat with a hot cup of coffee.

